

What Would Happen If You Changed One Word?

~ From “Need” to “Want” ~

Instead of “*I need to do this,*” try “*I want to do this.*”

~ From “Should” to “Choose” ~

Instead of “*I should do this,*” try “*I choose to do this.*”

~ From “Frustration” to “Fascination” ~

Instead of “*I am frustrated over this,*” try “*I am fascinated by this.*”

~ From “Could” to “Will” ~

Instead of “*I could do this,*” try “*I will do this.*”

How much more powerful do you feel?